SIB SESSIONS Barber National Institute Making dreams come true.





Session Schedule

September 16, 2023

- October 21, 2023
- **November 18, 2023**
- **December 16, 2023**
- January 20, 2024
- **February 17, 2024**
 - March 23, 2024
 - **April 20, 2024**
 - May 18, 2024

SIBs Coordinator

What are SIB Sessions?

SIB Sessions are aimed at providing a comfortable setting for sharing and learning about the ups and downs of being a brother or sister to a sibling with a disability. SIB Sessions are offered to siblings ages 5 through 15 (16th birthday being the cut off date) and are offered free of charge to all participants.

SIB Sessions is a nine session group that takes place at the Barber National Institute on the third Saturday of the month from 9am -12pm.

During the sessions, siblings have a small discussion time, eat a light snack, and enjoy a variety of fun activities.

Please call Sarah Hollis at 814-878-5961 by the Wednesday prior to the session to reserve a spot.

My name is Alexis Jones. I graduated from Mercyhurst University in 2021 with my first master's in criminal justice administration and my second master's in organizational leadership in 2022. I am a good listener and learner and can communicate well with groups and on an individual level. I am an organized and an efficient person motivated to direct my skills and talents to meet objectives. I currently work as a Human Resource Specialist for a home health care service that offers support services for adults with intellectual and developmental disabilities. I am transitioning from HR Specialist to begin my position with a nonprofit agency as Director for Direct Care workers within the Erie Region. I volunteer as a program manager for the Grace Leadership Institute Regional Church Collaborative where we create a collaborative environment to connect with others around the Lake Erie Region. I am currently continuing my education in Theology and Church leadership. I have become certified as an administrative assistant and expected to receive my financial health counseling certification in August 2023. I serve on the board of the Script Project. I love all people and have their best interest at heart. One interesting fact about me is that I am an ambivert. I have been married 14 years to my supportive husband and we have five beautiful children ages 15, 13, 9, 8 and 1. I love spending time with my family and in my free time going to the peninsula to wind down and think about my life's journey.