



PARTICIPANT PACKET

Saturday, Sept. 12, 2026

Waldameer Park, Erie, PA



Barber National Institute
Making dreams come true.





YOUR LAKE ERIE ODYSSEY ADVENTURE IS ALMOST HERE!

We've put together this guide with everything you need to know before event day. Taking a few minutes to review the information inside will help you arrive prepared, feel confident, and make your day as smooth, fun, and memorable as possible. We can't wait to see you at the starting line!



For frequently asked questions and last-minute updates visit
BarberInstitute.org/LEO

PARKING

Free parking is available. Please enter Waldameer's WEST entrance, located at 1 Waldameer Park Road (or 3100 West Lake Road), Erie, PA 16505).



2026 PARKING MAP

- VOLUNTEER REGISTRATION
- PARTICIPANT REGISTRATION
- ♿ HANDICAP PARKING
- ★ ENTRANCE

MAP SPONSORED BY



CHECK IN AND START LINE

All participants must check in at the registration tent at Waldameer Park on the morning of the event. Please arrive at least 15 minutes before your scheduled wave time to collect your materials, join a pre-race warm-up led by the team from **Erie Fitness Now**, and get ready for the adventure ahead.

At check-in, participants will receive their race bib, participant t-shirt sponsored by KeyBank, commemorative swag, pre-course nutrition, and a beer wristband for participants age 21 and older. Please note that **beer wristbands will only be available during check-in and cannot be issued later in the day.**

For safety and identification purposes, race bibs must be securely fastened to the front of your shirt and remain visible throughout the event. (Safety pins will be provided at registration.)

Before arriving, please make sure you have:

- A valid photo ID if you are age 21 or older and would like a beer band
- A signed event waiver on file (If we don't have a waiver on record, you will be asked to sign one at registration.)

Once you're checked in, warmed up, and geared up, it's time to head to the starting line and begin your Lake Erie Odyssey journey!



PARTICIPATION FUNDED BY



FAMILY VIEWING AREAS

We have designated two viewing areas for family and friends to cheer on participants; both are conveniently located in the middle and end of the course.

For participant safety, family and friends will be escorted by an event volunteer to the designated viewing locations. Look for this volunteer near the start line area.

**Please note, spectators will exit the course with participants completing the last obstacle (which includes a mister and bubbles).*



**NEW THIS
YEAR!**



EVENT DAY TIPS

- Wear appropriate clothing; this event will take place rain or shine. We also suggest bringing sunscreen and bug spray.
- Accessible port-a-potties are available at the start and finish lines and accessible restrooms are midway through the course. Additional bathrooms (non-accessible) are available outside and inside Rainbow Gardens.
- Choose your challenge at every obstacle- push, pull, tug, or carry – and move at a pace that feels right for you. Course buddies, volunteers, and the energy of the crowd will be there to support you the whole way.
- You have the option to move at your own pace and skip obstacles.

For additional frequently asked questions visit BarberInstitute.org/LEO



PARTICIPANT MEDAL AND FINISH LINE

As you cross the finish line, you'll receive your official Lake Erie Odyssey finisher medal, sponsored by Logistics Plus.



WELLNESS RECHARGE STATIONS

Medical and first aid stations, staffed by LECOM Orthopedic and Sports Medicine, are available at the start and finish lines as well as points along the course. Our volunteers will have walkie talkies at each obstacle and can quickly assist you if needed.

LECOM HEALTH

POST EVENT CELEBRATION

Stick around after you cross the finish line for even more fun! Head inside Rainbow Gardens, where DJ JAY will keep the energy going with music and celebration. Participants 21 and older will receive one complimentary beer, courtesy of Erie Beer, with additional beer available for purchase with valid ID.

Hungry? Casey's Ice Cream and the Chameleon food truck will be on-site with food and treats available for purchase. Cash and credit cards are accepted.

While you're there, be sure to check out the Special Olympics bocce court, balloon making, face painting, free giveaways, vendors, and other activities throughout Rainbow Gardens. There's plenty to enjoy as you celebrate your Lake Erie Odyssey achievement!



COMMEMORATIVE PHOTOBOOTH

You earned it! After crossing the finish line, be sure to visit the commemorative photo booth in Rainbow Gardens, sponsored by the Kyle and Lally Stayer Family Fund. Grab your medal, gather your crew, and capture the moment with a keepsake photo celebrating your Lake Erie Odyssey adventure.



AHN POP-UP CHILL ROOM

New this year, we've partnered with AHN to offer an on-site Chill Room. This welcoming, sensory-friendly space is available to anyone who needs a quiet moment to relax, recharge, and take a break from the excitement of the day. Comfortable lounge items and calming sensory supports will be available for participants, families, and guests to enjoy.



**NEW THIS
YEAR!**

NEED ASSISTANCE?

If you need assistance at any time on the course, look for our helpful volunteers in their orange "Volunteer" shirts or event staff in midnight blue "Event Staff" shirts. If you can, give them a big thanks or a high-five for donating their time and being the backbone that makes this event possible.

Any questions please email BNlevents.org For emergency please call Andrea Krivak at 814-881-3156.





THANK YOU



PRESENTING SPONSOR



AS OF 8.26.26

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