

# What is Blended Case Management

lended Case Management (BCM) is Da service that provides professional support and advocacy to children, adolescents and adults who have been diagnosed with a qualifying mental health diagnosis. The Barber Behavioral Health Institute's BCM program offers professional assistance in helping individuals gain access to psychiatric, medical, social and educational supports. Services may take place in the home, school or community. Each Blended Case manager creates an individualized treatment and crisis plan with the individual and/or family to identify the goals that are to be achieved. The overarching focus of BCM is to help individuals obtain the resources that they need in order to lead healthy, successful lives.



#### **How to Obtain Services**

Anyone can refer a child or adolescent to Case Management, and adults may self-refer or be referred from an outside source. An assessment will be completed with the individual and/or his or her family to determine eligibility and to identify specific needs for treatment. Costs are covered by Medical Assistance or MCO.

To learn more about Blended Case Management, please contact us at 814-871-4725.

### Blended Case Management Program



Assistance and support for children and adults to access resources in their community



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### What is the goal of Blended Case Management?

The primary goal of BCM services is to ensure that all of the concerns affecting the stability of an individual and his or her family are addressed. This is accomplished by providing support and empowerment to the individual and family who are seeking out services and supports to stabilize their environments. Further, BCM assists in reducing or eliminating the frequency of out-of-home placement for individuals involved in treatment.

#### What services are offered?

Case management services may include:

- Linking with other services
- Monitoring service delivery
- Assessment and treatment planning
- Connecting individuals to community resources
- Collaborating with other professional supports
- Assisting individuals in developing a natural support network.
- Securing basic needs such as food, shelter and safety
- Crisis on call 24 hours a day,
  7 days a week

## Who can collaborate with Blended Case Management?

Blended Case Management services can collaborate with the following programs to ensure continuity of care for the individual involved in treatment:

- Behavioral Health Rehabilitation Services
- Acute Partial Hospitalization Program
- Medical providers
- Psychiatrists
- Therapists
- Hospitals
- Child and Youth Services
- School based services
- Supported living staff
- Supports coordinators



## How is Barber Behavioral Health's BCM program different?

Our BCM services differ from other BCM programs in that all blended case managers receive weekly supervision and monthly case consultation to ensure that appropriate assessments are being utilized, treatment plans reflect the goals of the individual in treatment, and that treatment goals are being achieved. Your blended case manager will complete treatment progress reviews at a minimum of once every three months to evaluate and track progress of ongoing areas of focus. Individuals in treatment are not considered for discharge until they have developed the skills to manage family, school and community needs.

BBHI's Blended Case Management staff is also trained in the Daily Living Activities-20 (DLA-20,) an assessment tool which is highly supported by the National Council for Behavioral Health.



#### **Quick Info:**

- BCM services provide support, guidance and advocacy to individuals and their families
- BCM services are available to both children (ages 3-21) and adults
- Crisis on-call is provided to consumers 24/7
- Services may occur in the home, school or in the community
- Clients may self-refer or be referred by an outside source

