



Volunteering for Meals on Wheels

## Your day designed Your way.

Recreational Opportunities



*When Vickie first came to the Barber National Institute, she struggled in group settings. She would often act out, and generally not be herself. After being in the Community Endeavors program for several months, Vickie became more comfortable being around people, and is now very stable when participating in group activities. She has also come to enjoy being out with people in the community, and often smiles and waves to people that she meets.*

The **Barber National Institute** was established in 1952 in Erie, Pennsylvania, by our founder, Dr. Gertrude A. Barber. We serve more than 4,200 children and adults annually, providing educational, vocational, residential and behavioral health services in Erie, Pittsburgh and Philadelphia.

For more information, visit  
[www.BarberInstitute.org/Philadelphia](http://www.BarberInstitute.org/Philadelphia)

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# Community Endeavors

*A community-based day service  
for adults with intellectual disabilities*



## What is Community Endeavors?

Community Endeavors is a different concept in day services for adults with intellectual disabilities. Unlike most traditional day programs, adults in Community Endeavors spend time out in the community, participating in activities of *their* choosing.

Art Opportunities



### How Was This Program Developed?

Through discussions with individuals, families and staff, we learned that the individuals we support are looking for a different type of day service experience, and one that:

- honors individual choice
- focuses on personal outcomes
- provides flexible schedules
- promotes being a part of the community

### What is the staff like?

Our staff care deeply about the well being of each of our individuals, and have experience and an interest in community-based activities. Staff are committed to the principle of individual choice and meeting the specific needs of each adult. In addition, all staff receive ongoing professional development and training to better serve our clients.

### What is a typical day like in Community Endeavors?

The day begins in a relaxed social setting as the individuals and staff prepare for the day. Each person will embark on individual or group activities they have selected. If individuals choose to stay on site, they can enjoy a range of activities:

- Exercise/wellness programs
- Music/Art classes
- Communication/Technology
- Personalized Programs

Computer Skills



### What community activities does Community Endeavors offer?

We offer more than 40 different activities (with more being pursued), ranging from community integration, health and fitness, socialization and education. A small sample of choices includes:

- Art and Science Museums
- Crayola Factory
- Spirit of Philadelphia
- Volunteering & Service
- Music & Cultural Outings



Day Trips

### What transportation is available?

Our fleet of vans provides safe, adapted, door - to - door transportation for all of our individuals.

### How can I find out if Community Endeavors is the right option?

Contact us! We can arrange for a personal tour with any interested individual, family member or supports coordinator.

Call us today at (215) 871-0731  
or email [BNIphil@barberinstitute.org](mailto:BNIphil@barberinstitute.org)