Dear Friends,

I can think of few summers that have dawned with such anticipation and excitement. After navigating some of the most challenging times in our history, we are all looking forward to safely coming together to enjoy the activities and relationships that are so meaningful in our lives.

For us at the Barber National Institute, this means that our summer camps are resuming in person, adults in our residential group homes and day programs are interacting in our communities, and our busy schedule of events is moving forward again. While we continue following appropriate safety measures, I know that this is great news being appreciated by our individuals and families.

I want to take this opportunity to recognize our very dedicated staff for their herculean efforts that have kept our children and adults so safe and healthy during these most unusual circumstances over the past year-and-a-half. We would not be at this point without them.

I also want to thank our donors and friends who have continued to generously support our mission even as they may have faced increased demands and challenges. Your belief in the value of our work and those we serve is truly appreciated and is making a real difference every day.

I look forward to seeing everyone again at our upcoming events which you will read about in this issue. Please accept my wishes for a healthy and safe summer, and my appreciation for all that you do to help us make dreams come true.

John J. Barber
President & Chief Executive Officer
Plenty of cheers, a few tears and, for the ending of the 2020-21 school year, a bit of a sigh of relief. One of the most tumultuous years in history came to a close with three in-person graduation ceremonies for students in the Happy Hearts and Early Intervention Preschools, PreK Counts, and the Elizabeth Lee Black School Approved Private School Program.

The ceremonies, held outdoors with guests masked and socially distanced, were welcomed by students, families and faculty after last year’s graduation was limited to drive-thru events. All speakers acknowledged the feeling of accomplishment after completing the challenging year.

“Covid had us down but not out,” said Cindy Priester, education coordinator. “We learned new ways to talk, work and set up classrooms. Sometimes, our homes even became our classrooms.

“But what did not change was the efforts, the smiles, the flexibility and the progress. We all learned new skills – each and every one of us.”

The day ended with ceremonies for 13 graduates from seven school districts who completed their education in the Elizabeth Lee Black School.

Earlier that day, ceremonies were held for 28 preschoolers graduating from Happy Hearts and the Early Intervention Preschool, as well as 19 children completing PreK Counts programs in Erie and Corry.

“You should all be proud of yourself. Be proud of your accomplishments,” said Dr. Maureen Barber-Carey, executive vice president. “But also know that you will be accomplishing so much more in the weeks and months to come.”

Graduation celebrations pictured, from left, Early Intervention Preschool teacher Laura Hecht with Rachit Acharya; graduate Logan Edmonds with his father, Dean; and Dr. Maureen Barber-Carey and PreK Counts Teacher Janine Zaunegger congratulate Shanari Dancy. Pictured at top is the 2021 PreK Counts graduating class from the Erie program.
Six graduating high school students made history in May. They were part of the first group of interns to complete the Project Search program held this year at AHN Saint Vincent Hospital.

The year-long school-to-work program provides a job training experience for students with intellectual disabilities held in collaboration with Saint Vincent, the Barber National Institute Supported Employment Program, the Office of Vocational Rehabilitation, the Erie County Office of Human Services and the Erie School District.

Students rotated through four of seven participating departments of their choosing, including Nutritional Services, Pharmacy, Emergency Department, Respiratory and the Laboratory.

For Bentelhuda Aldhumeen, working at the hospital’s welcome desk helped her realize how much she likes working with people.

“It’s communicating with people. It’s new to me, I’ve never done it before and it’s awesome,” said Bentelhuda. “It’s like working as a team – it’s teamwork.”

Carlos Rivera also learned a lot in his internships – lessons that have already landed him a job in Nutritional Services at the hospital. “Project Search has helped show me what it means to be professional at work, which helped me get my job in the kitchen. It taught me new ways to get confident, able to talk to people and be able to ask for their help when I need it,” said Carlos.

Even though Project Search was a beneficial experience for all of the students, safety concerns almost postponed the program in fall 2020. But the hospital took all measures to safeguard the health of the interns and staff.

For Bentelhuda Aldhumeen, working at the hospital’s welcome desk helped her realize how much she likes working with people.

Alena Branan receives her diploma as A'Laysia Chappell is next in line.

“Saint Vincent worked closely with us to teach the students how to avoid possible exposure to Covid 19 and how to protect themselves and each other,” said Joe Marchini, Project Search specialist from the Barber National Institute. “We saw each of the students learn and make so much progress that will definitely help them in finding and maintaining employment in the community.”

Two of the students have been hired at Saint Vincent, and four are exploring other opportunities with employers.

Plans are underway to undertake the project again in September, opening the experience up to even more interested students.
Priya actually began working at the Youngsville Dairy Queen in October 2017 with assistance from the Supported Employment Program at the Bollinger Campus of the Barber National Institute. When the pandemic forced the restaurant’s closing in March 2020, Priya really missed going to work. “It is the most important thing to her,” said Mrs. Khare.

While the Youngsville DQ remained closed, the Warren location opened in early 2021, offering Priya an opportunity to join its team. Now, with the reopening of the Youngsville restaurant, Priya is juggling shifts at both locations.

“The expectations are different, there are different people to work with, but she made the switch very well,” said Mrs. Khare.

Priya’s mother credits the job coaches at Bollinger for providing both the support she needs, and the opportunity to gain her independence.

“The (job coach) gives her instructions, then she backs off and Priya takes over,” she said.

While Mrs. Khare was at first very hesitant for Priya to take a job in the community, she sees the benefits every day. Her daughter has become more independent, expresses her thoughts and preferences more, and is making good decisions.

In all, it’s like two scoops with the cherry on top.

Ice cream lovers were happy about the reopening of the Dairy Queen in Warren this spring. But no one was more excited than one of its employees. Priya Khare loves her work at the restaurant, especially making the trademark Dilly Bars and Buster Bars. But most especially, she likes taking food orders to the customers, some of whom come in specifically on the days that Priya is working. “She is a people person,” said Pam Khare, Priya’s mother.

Priya with job coach Karen Myers.
Fourteen years ago, Thomas Kopec’s photo became the public face of a new movement in autism treatment. Today, as a young adult, he himself is an example of all that can be possible with early intervention, treatment and education.

Thomas was two years old when he was diagnosed with autism and soon after began services at the Barber National Institute. While a student in a specialized preschool, his photo was selected for a new manual, “Effective Instruction for Children with Autism,” published by the Barber National Institute. The text provides a step-by-step guide to Applied Behavior Analysis, what was then a new treatment approach, and is still in use at colleges and among professionals in the field.

Thomas moved with his family to Las Vegas, Nevada, in 2016, but his parents remember the support he received early in his life. “The services and the time spent at Barber were extremely important and certainly helped to mold and develop Thomas to be the person he is today,” said his father, Tom Kopec.

In June, Thomas graduated from West Career and Technical Academy, a magnet high school in Las Vegas, with a 4.1 GPA. He is attending the University of Las Vegas in the fall where he will major in mathematics.

In addition to his focus on academics, Thomas also volunteers at 3 Square, a major food bank in Las Vegas, and the Just One Project, a food distribution charity.

“Thomas is a wonderful, honest, polite and incredible person,” said Mr. Kopec. “We are extremely proud of him.”

And so are we.
For a lot of children, having a new scooter will mean a lot of fun this summer. For Lincoln, it could mean a lot of progress toward his goal of walking on his own.

A specialized three-wheel scooter is one of the pieces of therapeutic equipment purchased this year with donations from local businesses through the Educational Improvement Tax Credit (EITC) program. Physical therapist Christina Gross is using it to help Lincoln and other students improve their balance and coordination as they work to walk without the aid of walkers or other assistive devices.

“Being able to purchase these kinds of devices really helps to expand the options for therapy,” said Mrs. Gross. “We are able to provide many different opportunities, especially as children make progress toward achieving new goals.”

EITC funds were used to purchase a variety of items, including adaptive equipment that is helping children play basketball and board games, yoga balls and mats for sensory breaks and a climbing ladder to develop gross motor skills. A new phonics program is also promoting speech development and helping students learn to read.

In addition, EITC donations also funded 19 scholarships that enabled children to attend quality preschool programs. Research increasingly shows that a quality preschool experience is one of the biggest factors in a child’s educational success throughout their time in school.

The EITC program enables participating businesses to make a charitable donation while receiving a credit on state taxes. Businesses interested in taking part in this opportunity can contact Laura Schaaf, director of Giving, at lschaaf@barberni.org or call 814-874-5802.
Students and teachers everywhere say this past school year was really challenging. But for Killian McDaniel it was – hands down – the best year ever.

The 6-year-old was in the first group of students in a new Barber National Institute emotional support classroom that opened in the General McLane School District in September 2020. A team of faculty and behavioral therapists from the Barber National Institute staff the classroom at McKean Elementary for children ages 5 – 8 with significant behavioral challenges.

The new collaboration followed the success of a therapeutic classroom that the Barber National Institute began providing in September 2019 in the General McLane District for children with autism and intellectual disabilities. The Institute provides staff and services, including speech, physical and occupational therapy at Parker Middle School, providing students with the specialized education they need in their home district.

Seeing the progress in this therapeutic classroom suggested a similar approach would work to meet a new need that was emerging.

“Several years ago, we began to see an increase in the needs of students with behavioral challenges, and those behaviors became much more difficult to manage,” said Mike Cannata, director of Pupil Services at General McLane. They often had to make referrals out of the district, taking students away from their home school. “We asked how we could best meet their needs right here.”

For the district, turning to the Barber National Institute was a logical step. “When you are having a heart problem, you want the best cardiologist. When you have students with behavior challenges, you want the Barber National Institute. These are the specialists who are experts in their field,” said Mr. Cannata.

Hope for Killian

For Killian, the new class seemed like the last best hope after a very tumultuous start to his educational experience. He had a difficult time in preschools in Florida, where the family previously lived, and in their new home in Erie. Any deviation from his routine would lead to a meltdown, with Killian overturning furniture and even risking harm to himself.

“The last school told me that they had never had a kid as bad as him,” said Killian’s mother, Charity McDaniel. “Every day, the school called and I had to pick him up. It was miserable for everyone.”

Then, two things happened that changed life for Killian. In summer 2020, he was diagnosed with autism and began working with a behavior specialist consultant (BSC) from the Barber Behavior Health Institute. His family then moved to Edinboro and learned about the new classroom opening for children with behavior issues.
“When we found out that the classroom was being run by the Barber National Institute, we were really excited to try it,” said Mrs. McDaniel.

The class focuses on Social-Emotional Learning (SEL), an approach for developing learning strategies, self-management and social skills to promote positive mental health development, improve student behavior and increase academic success.

“We use small class size, high teacher-to-student ratio, and a very structured schedule. Even peer interactions are very structured with a lot of coaching support,” said Ann Ellison, behavior services coordinator at the Barber National Institute. “We break down tasks and use a lot of reinforcement to form and change behaviors.”

Everyone noticed changes in Killian right away, but his mom was hesitant to believe it. “I didn’t have high expectations and thought that this was just like a honeymoon period,” said Mrs. McDaniel.

But soon, the progress was undeniable. There were no more of the dreaded phone calls from school, and Mrs. McDaniel noticed something that had never happened before. “For the first time, he would come home and talk about having friends. He is a totally different kid than he was a year ago. I could never have dreamed that it would go as well as it did,” she said.

Progress for All Students

It’s not just Killian who is finding success. Data collected and compared to the previous year shows that everyone in the class has made dramatic progress.

“The most significant reason for these results is the highly skilled multi-disciplinary team from the Barber National Institute that is working with the district,” said Dr. Julie Coughenour, a school psychologist at General McLane. “In the past, many of these children may have needed placement outside of the district. Now, they can remain in their home school district, often attending with siblings and neighbors.”

Throughout the development of both classrooms, Executive Vice President Dr. Maureen Barber-Carey was impressed by General McLane’s commitment to do what was best for its students. “They were really willing to ‘think outside the box’ to find new solutions that would meet the needs of their students,” said Dr. Barber-Carey. “I think that they have created a model that shows a new way of reaching those students most in need and achieving proven success.”

That success is obvious for Killian, who will move on to a regular classroom with some supports at Edinboro Elementary, where he looks forward to riding the bus with his older sister. “This kid who hated going to school now can’t wait to get on the bus and go to school every morning,” said Mrs. McDaniel. “The support he received made all the difference. I want families to know for any other kids who might need this help. I don’t know how to put into words how grateful we are.”

What Progress Looks Like

• All students display 95-99% engagement with school assignments without problem behaviors, enabling more attention to academic content.
• Attempts to leave the classroom and incidents of self-harm both declined from 5 to 0, and there were no crisis phone calls to parents.
• Episodes of property destruction fell from more than 40 to fewer than 10.
• Overall, students are showing they can control their emotions and behaviors at early signs of agitation.
Now, where were we before we were so rudely interrupted? Ah, yes – getting ready for Barber Beast on the Bay!

The 10-mile obstacle course challenge and the adapted course may have been sidelined in 2020, but both are back and promising to be better than ever on Saturday, Sept. 11.

Nearly 700 participants have already registered for the 10-mile course that will weave through sand, trails, roadway and water at beautiful Presque Isle State Park. The Beast Builders team has been called back into action to work their magic on designing and assembling 30 obstacles that will have participants climbing, crawling, pushing and pulling their way to the finish line at Waldameer Park.

And speaking of Waldameer, the historic park will again host the adapted course for individuals aged 12 and older with physical or intellectual disabilities. Obstacles are spaced throughout the one-mile course that can be adapted for all levels of ability.

Once again, the best part is a shared finish line where participants in both events will celebrate their victory together.

Information about everything Beast – from registration, volunteering and forming a cheer zone – is at BarberBeast.org.

Don’t let another year slip by – check it out today!

Register at BarberBeast.org
With a one-year gap, you may need a refresher about the event. Here are a few common questions:

• Can I still fundraise for a free registration? Yes! Select that option when you register and then work to raise at least $500 in donations by noon on Friday, Sept. 3, 2021. We’ll provide a lot of support to get donations from family, friends and neighbors.

• Do I need to have a team? No! Many people do tackle the event with friends but, honestly, when you get on the course, everyone helps each other. The camaraderie is one of the things people like best!

• What about Covid-19? We will be taking all precautions recommended by local and state health organizations, and following all mandates put in place by the PA Dept. of Conservation and Natural Resources (DCNR) that oversees Presque Isle State Park. But hey, after what we’ve all been through – we’re ready to Beast!

• If I can’t do the event, is there another way to get involved? Yes and yes! We’re looking for volunteers to work every part of the event, from packet pick-up to the start and finish lines, monitoring obstacles and staffing refreshment stations. And if you really want to get involved, put a group together to form a Cheer Zone! You can sing, dance or, well, just cheer! It’s a fun day on the course encouraging participants when they need it most. Your group can also receive a cash prize!

The Adapted Beast Course

One mile, 12 obstacles and a feeling of accomplishment! The Adapted Beast Course at Waldameer Park offers it all – and a lot of fun. Registration open now for persons ages 12 and over with physical or intellectual disabilities to Beat the Beast!
Rick Burrows and his son, Logan, have participated in every single Barber Beast on the Bay since its inception, and this year will be no different. After the 2020 event was cancelled due to Covid-19, the father-son duo is back to Beat the Beast once again. “I missed it last year,” said Logan. Rick and his son reflected on how strange it felt not to participate for the first time in years, but both are energized and training for the upcoming challenge.

For long-time Beast competitors, the pair is well known for crossing the finish line together. Every year, Rick competes in the 10-mile course, and as he approaches its end, joins Logan, who has Down Syndrome and autism, on the adapted course at Waldameer. Then, they’re ready to celebrate together.

As was the case with many of us, Covid-19 interrupted Rick and Logan’s way of life, but they still managed to maintain their healthy lifestyle. Now with race day fast approaching in September, they have something to work toward again.

“The Beast means a lot and gives us a goal,” Rick said. “When we’re working out and I get pushback from Logan, I can just say, ‘well, we’re training for the Beast.’ That gets us through easier.”

With gyms having been closed, Rick – an avid runner – turned to his favorite Beast venue: Presque Isle State Park. He increased his frequency of workouts and now almost exclusively runs at the peninsula.

Logan, on the other hand, is more activity-focused and enjoys nearly every sport under the sun. Through the Special Olympics, he plays soccer, bowling and basketball, and with his father, he plays golf, tennis, racquetball, pickle ball and disk golf.

One of the most important aspects of the race to Rick and Logan is the atmosphere. There’s plenty of camaraderie and always new friends to be made.

Through his participation in the Adapted Course, Logan has gotten to know quite a few people in the community. The Beast is a social event, and Rick feels the more opportunities for his son to socialize, the better.

To Rick and Logan, Barber Beast on the Bay is more than just a race. It’s a way to experience the peninsula, be surrounded by positivity and give back to an organization that has helped them and their family. That’s why they keep coming back.

“The Beast just integrates with our entire lifestyle,” said Rick. “I don’t do long races and I don’t do obstacle course races, but I have to for this.”
Making a Difference

Direct Support Professionals (DSPs) in our 95 group homes across Pennsylvania know that every day, they are making a difference in someone’s life. Here is what a few staff say about the rewards of their work:

“"The reward is that you get to add value to someone’s life, and that’s a priceless reward...They know you, they know your schedule, they look forward to you... That’s something that’s amazing to me. I look forward to being around them, being with them. It started as just a job and ended up as a career. If you’re looking for a career adding value to people’s lives, then this is the job for you.”

Justin Brown, Program Specialist in Philadelphia who began as part-time DSP

“The culture at Barber is a very team-oriented culture. Everyone is interested in helping each other out and just trying to make sure they have the best interest for the clients at all times. The adults I serve are really like family members. You start to care very deeply about them and every aspect of their life. You want to make sure that they’re healthy and they’re happy. Getting to know them and their families has been the most rewarding part.”

Kaitlyn Godish, DSP in Pittsburgh

“I've been employed at Barber for 18 years and I can honestly say I love everything about my job. Having the privilege to take care of and spend time with (the residents) and bring smiles to their faces everyday makes my job very rewarding.”

Nichole Spanggard, DSP in Erie

Do you know someone who wants to “love what they do”? Visit BarberInstitute.org/careers to apply as a Residential Direct Support Professional. Sign-on bonus for full- and part-time positions.

Employer awarded for creating “Brighter Futures”

Cigna, a global health service organization, received the “Brighter Futures” Award from the City of Philadelphia for its support of an adult in the Barber National Institute Supported Employment Program in Philadelphia. Gale Williams, Supported Employment supervisor, nominated the company after it hired an adult with intellectual disabilities to provide cleaning support at its health and fitness facility. While the facility is closed due to Covid restrictions, Leroy continues on the payroll and looks forward to returning to work when the facility reopens.
Make Holiday Plans Now

Two events will be returning for the holiday season to again bring the community together. The Ladies Only Luncheon will return to The Kahkwa Club on Saturday, Nov. 20, and the Barber Christmas Ball will make its festive return to the Bayfront Convention Center on Saturday, Dec. 11. Mark your calendar now and check BarberInstitute.org/events for more details in the coming weeks!

Summer’s Here – And So Are Summer Camps!

While 2020 saw cancellations and one virtual experience, all camps are underway to provide fun and learning this summer. Connections Camp is hosting 70 campers at the Asbury Child Development Center, while children in Camp Shamrock and adults in ESO Camp are meeting at the Barber National Institute. In addition, Learn-To-Ride bike camp will be held in July for children and young adults and typically developing youngers. Bike Camp is again provided free of charge with funding from the Barber Foundation.

2021 Shillelagh a Success

Joe Fries, center, joined by his wife, Debbie, and Bridget and John Barber, was presented with the 2021 Man of the Year Award at this year’s Shillelagh Golf Tournament.
Summertime – And the Livin’ Is Busy!

Adults in residential group homes in Erie, Philadelphia and Pittsburgh have been heading out – and staying in – to enjoy many of the fun activities of summer. Picnics, yard games and visits to favorite spots have been keeping everyone busy and in a summertime frame of mind!

CALENDAR OF EVENTS

**AUGUST 10**

**ERIE GIVES** | 8 a.m. - 8 p.m.

**SEPTEMBER 11**

**BARBER BEAST ON THE BAY** | 10 Mile Course - Presque Isle State Park
Adapted Course for Persons with Disabilities - Waldameer

**SEPTEMBER 12 – 18**

**DIRECT SUPPORT PROFESSIONALS WEEK**
Celebrating our dedicated direct care staff

**SEPTEMBER 16**

**FOUNDER’S DAY**
Commemorating the birthday of Dr. Gertrude A. Barber

**NOVEMBER 20**

**LADIES ONLY LUNCHEON** | Kahkwa Club

**DECEMBER 11**

**BARBER CHRISTMAS BALL** | Bayfront Convention Center

For more information about all events, visit BarberInstitute.org
Barber Spirit is a quarterly publication for friends of the Dr. Gertrude A. Barber Center, Inc.
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HELP MAKE DREAMS COME TRUE

Donors to Erie Gives 2020, with a pro-rated match from the Erie Community Foundation, raised $95,517 for services at the Barber National Institute. You can help us set a new record!

Tuesday, Aug. 10, 8 a.m. – 8 p.m.
at ErieGives.org.

With your gift during Erie Gives, you are helping:

6,200 Children and adults served annually

131 Children and adults attending summer camps

240 Students in the Elizabeth Lee Black School from 24 area school districts

310 Adults at 95 group homes across PA

81 Adults being coached for jobs in the community

Your gift will make a difference in someone’s life. Thank you for your support!