What are SIB SESSIONS?

SIB Sessions are aimed at providing a comfortable setting for sharing and learning about the ups and downs of being a brother or sister to a sibling with a disability.

SIB sessions is a nine session group that takes place at the Barber National Institute on the third Saturday of the month from 11:00 AM to 2:00 PM.

During the sessions, siblings are able to go swimming in the Barber National Institute pool, eat a light lunch, and enjoy a variety of fun activities such as crafts and games and field trips.

SIB Sessions are offered to siblings ages 5 through 15 (their 16th birthday is the cutoff date) and are offered free of charge to all participants.

Darla Foradora
SIB Sessions Coordinator

Darla Foradora will be returning as our SIB sessions Coordinator, after two very successful years. Darla graduated from IUP with a Bachelor’s Degree in Criminology and holds a M.B.A. from Kaplan University. Darla has extensive experience working as a Behavioral Specialist at Pressley Ridge School for Autism and has held various positions at the Barber National Institute including: TSS, Para educator, and Agency with Choice. Darla enjoys working with individuals with intellectual disabilities and autism, as well as their families, in order to foster better relationships. Darla looks forward to having a meaningful impact on the growth of the participants.