



## November Sibsession

Saturday, November 19, 2016

Time: 11:00 a.m. To 2:00 p.m.



Barber National Institute Cafeteria 100 Barber Place Erie, PA



(Enter through gated parking lot on East 3rd Street)



## Come join us for our November Sibs!

Please join us for swimming, lunch, games, crafts, and informal sharing time.

## Reservations must be made by November 18, 2016, by calling Diang in Family Support Services at 878-5961.

If you have any further questions, please contact Jennifer Markiewicz at 878-4117.

"Sibsessions" is a series of nine support group meetings for persons ages 5 to their 16<sup>th</sup> birthday who have a brother or sister with an intellectual disability. Brothers and sisters of individuals with intellectual disabilities are sometimes caught between the outside world and the world at home. To help balance life between the two, and to provide a supportive setting for the expression of feelings and development of new friendships, Family Support Services offers this sibling service. Time together includes lunch and may include games, crafts and sharing time along with swimming as scheduled. The sessions are offered free of charge and are designed to encourage the expression of feelings and concerns, as well as the positive aspects of having an affected sibling.



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