

**Behavioral Health  
Rehabilitation Services  
Locations**

**Behavioral Health  
Rehabilitation  
Services**

**BHRS: Your Family and the  
Barber National Institute**

Founded in 1952, The Barber National Institute provides quality behavioral health rehabilitation services, annually serving hundreds of children and adolescents throughout Western Pennsylvania in Erie, Warren, Forest, and Allegheny Counties.

**Erie County**  
Barber National Institute  
100 Barber Place  
Erie, PA 16507  
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**Warren/Forest Counties**  
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35 Wilson Street, Suite 103  
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For more information, visit [www.BarberInstitute.org](http://www.BarberInstitute.org)



**Family-centered services for  
children and adolescents  
facing social, emotional, and  
behavioral challenges**



**Barber National Institute**  
*Making dreams come true.*



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# Behavioral Health Rehabilitation Services (BHRS)

## What is Behavioral Health Rehabilitation Services (BHRS)?

BHRS is a **short-term program** that provides behavioral support and therapy to children and adolescents from three-21 years of age with Autism Spectrum Disorders, ADHD, or other diagnoses.

## What is the goal of BHRS?

Services provide personalized, family-centered therapies to target problem behaviors. A BHRS team will work with the child and family to make positive behavioral changes. The goal is to teach the family how to use these strategies at home to interact with the child more effectively and continue the treatment plan after services end. Parents and family must be active, devoted members of the child's support team; their commitment is the only way a permanent change can occur.



## What services are offered?

**Behavioral Specialist Consultant (BSC)** - The BSC evaluates the child's behaviors and develops a step-by-step treatment plan to decrease unwanted behaviors.

**Mobile Therapist (MT)** - The MT helps the child develop socially-appropriate ways of expressing emotions to increase positive interactions with family members and peers.

**Therapeutic Support Staff (TSS)** - The TSS works closely with the child on a daily basis and assists the family in carrying out the treatment plan.

## Service Location

Based on individual needs, services are provided where the child needs them most; this can be in the home, community, and/or school. Parents or responsible parties must be present at each session to learn support skills and ensure that their child is benefitting from the program and making progress in school and the home.

## Monitoring Progress

Your child's BHRS team will meet regularly to keep track of progress. Changes to the plan can be made, if necessary.

The Barber National Institute has a long history of providing effective behavioral health services to children and adolescents with autism and other challenging behaviors. A high percentage of children and families meet their goals and successfully complete their individualized treatment plans within 12 months.



## Is BHRS Right for You?

If your child struggles with emotional or behavioral problems, please contact the Barber National Institute. We will provide more information and help your family determine whether Behavioral Health Rehabilitation Services is right for you.

Services must meet medical necessity criteria as established by the state of Pennsylvania and be prescribed by a licensed psychologist. Services must be authorized by Medical Assistance, your county's Managed Care Organization, or private insurance.