



BHRS Services: Your Family and the Barber National Institute

The Barber National Institute, founded in 1952, has a distinguished record of providing high quality behavioral health rehabilitation services. We annually serve hundreds of children and adolescents throughout the Northwestern Pennsylvania areas of Erie, Crawford, Warren and Forest counties. The same dedication to excellence and family centered approach is now available to families in Allegheny County. The Barber National Institute has been an integral service provider in the Pittsburgh area since 1999 by providing residential and day services to adults with developmental disabilities.



 **Barber National Institute**
Making dreams come true.

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Behavioral Health Rehabilitation Services



**Family-Centered Services for children
and adolescents facing social,
emotional and behavioral challenges.**

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What is BHRS?

Behavioral Health Rehabilitation Services (BHRS) is a short-term, intensive program for children up to age 21. This program is designed to therapeutically support the child and family.

Your child will receive a comprehensive psychological evaluation. This assessment will highlight areas of strengths, as well as areas of concern and need. An interagency team meeting (ISPT) will bring together family members and supports, as well as school and community representatives that work with the child and family. The goal is to look across all areas of the child's life. We then work together to develop individualized therapy plans to address challenging behaviors where they are occurring. These may include the home, school or community environment.

As a result of the psychological evaluation and ISPT meeting, clinical services (such as Mobile Therapy, Behavioral Specialist Consultant and Therapeutic Staff Support) may be deemed medically necessary.

These services are therapeutic interventions prescribed to assist the child and family in addressing challenging behaviors.

Children and adolescents with Autism Spectrum Disorders face unique mental health and behavioral challenges. BHRS services through the Barber National Institute offers an intensive program designed to meet the specialized needs of the child/adolescent, as well as strengthen the family unit.

Why is the Barber National Institute's BHRS program successful?

Each year, our BHRS program helps children and adolescents with a wide range of social, emotional and/or behavioral challenges. Our program specializes in working with children and families diagnosed with Autism Spectrum Disorders. We also serve children with other mental health diagnoses and/or behavioral concerns.

You will work with a team of skilled professionals to develop an individualized treatment plan to meet your child's needs.



Your team will also work closely with family members and teachers so that all caregivers are working together to develop the same skills. We will offer consistent, effective, research-based strategies to foster positive behaviors. The Barber National Institute collects and tracks measurable data to demonstrate positive behavior changes.

The Barber National Institute has a long history of providing effective Behavioral Health Services to children and adolescents with Autism and other challenging behaviors. A high percentage of children and families successfully meet their goals and complete their individualized treatment plan within 12 months.

Is BHRS right for us?

If your child/adolescent is struggling with emotional and/or behavioral problems, please contact the Barber National Institute at 412-772-6947. We will provide more information and help your family determine whether Behavioral Health Rehabilitation Services through the Barber National Institute is right for you.