

Your day designed
Your way.



Recreational
Opportunities



Volunteering for
Meals on Wheels

The **Barber National Institute** was established in 1952 in Erie, Pennsylvania by our founder, Erie educator Dr. Gertrude A. Barber. We have grown into a multi-faceted organization that provides education, vocational, residential and behavioral health services to more than 3,500 children and adults annually. The Southeastern Regional Program was opened in 1990 to serve the greater Philadelphia area, including Bucks and Montgomery counties. The Barber Institute is one of the largest providers of residential services in Pennsylvania, currently operating 25 group homes in the Southeastern Region as well as *Lifesharing Through Family Living*. We also offer employment and day services that are designed to honor individual choice and develop skills for fulfilling, productive lives.

For more information, visit
www.BarberInstitute.org



Barber National Institute
Two Falls Center, Suite 901
3300 Henry Avenue
Philadelphia, PA 19129
(215) 871-0731
BNlphil@BarberInstitute.org

Community Endeavors

A new and innovative community-based day service
for adults with developmental disabilities



What is Community Endeavors?

Community Endeavors is a new concept in day services for adults with developmental disabilities. Unlike most traditional day programs, adults in Community Endeavors spend their day in the community participating in activities of their choosing to meet their goals.

What kind of activities does Community Endeavors offer?

The opportunities range from community integration/involvement, job exploration, academic activities, socialization, community awareness, health/fitness and other skill development activities. The program will utilize the wide range of activities and opportunities available in the greater Philadelphia area. Activities may include:

- Participation in local clubs/organizations
- Volunteer opportunities
- Exercise/Wellness group
- Transportation Training
- Computer skills training
- Career exploration
- Educational trips
- Music/Art Therapy
- Recreational Activities

Day Trips



Above all, the service model will honor the individual's choice, focus on personal outcomes and offer our adults greater flexibility in choosing their schedules and developing their interests.

What is a typical day like in Community Endeavors?

The day will begin by meeting in the newly-renovated location of the Barber National Institute in the Falls Center. From there, each person will embark on individual or group activities that they have selected. If individuals choose to remain onsite for any length of time, they can select from a wide range of activities, including exercise/wellness programs, music/art classes, safety awareness, computer training, adult literacy and much more.

How does Community Endeavors promote socialization?

Individuals who participate in Community Endeavors will have increased opportunities to interact with peers with similar interests and goals. All group activities are designed to build socialization skills and promote greater participation in our community.

What is the staff like?

Our staff has experience and an interest in community-based activities and is committed to the principle of individual choice and meeting the needs and interests of the individuals. All employees meet the requirements of the Barber National Institute, including participation in ongoing training opportunities relevant to their specific responsibilities.

How was this program developed?

For the past several years the Barber Institute has been meeting with individuals, families, staff and supports coordinators to determine the needs of adults with developmental disabilities in our community. Through these discussions, it became clear that the individuals we support are looking for a different type of day service experience than what has traditionally been available. In working with individuals and families, we designed and implemented a new service model that focuses on individual choice and community integration.



Employment Skills

Who can participate in Community Endeavors?

Community Endeavors is the perfect option for adults and seniors who would like an individualized community based service to develop their skills and enrich their lives. Community Endeavors will be available for adults participating in the Barber Institute residential program as well as those residing elsewhere in the community. The supports coordinators can assist interested consumers in incorporating Community Endeavors into their Individual Service Plan.

What transportation is available?

For adults in our residential program, transportation will be provided from the group home. For adults residing with family or other providers, arrangements will be made to ensure transportation to the program.

How can I find out if Community Endeavors is the right option?

Contact us! We are happy to arrange for a tour of our facility or a meeting with any interested individual, family members or supports coordinator. We want to make sure that this option is truly the "right fit" for you. Just call us at **215-871-0731**, or email **BNlphil@barberinstitute.org**.

Individualized Activities

